

TPC Table Group Resources

Looking to explore something in your group in between the church-run programme? Here are a few trusted resources for you to utilise (many of which are online and free to access):

Scripture:

1. Take your pick from Tom Wright's [New Testament For Everyone](#) series - one of the best ways to go a little deeper in your understanding of the New Testament.
2. [Bible Project](#): find tonnes of free bible study resources [HERE](#).
3. For those looking for a introductory type course why not try the Bible Project's [Introduction to the Christian Faith](#) (also available on YouVersion).
4. The Bible Society have lots to choose from - access their resources [HERE](#).

Prayer:

1. Take your pick from these 24/7 [Prayer Courses](#). Start with the brilliant [The Prayer Course with Pete Greig](#).
2. Try [The Prayer Practice](#) from [Practising the Way](#).

General Themes:

1. Sign up to [Practicing the Way](#) for free resources that will help you unpack and put into practice 'the Ways of Jesus.'
2. [Emotionally Healthy Spirituality](#) is a tried and trusted resource that helps nurture deep, healthy and resilient spirituality in your life.
3. Try [The Well Being Journey](#) from Hope UK.
4. Rick Warren's [Purpose Driven Life](#) is an excellent group resource - loved by millions!
5. [YouVersion](#) has loads of stuff for you to use in your groups - just download the App.

[Email](#) us to share what you have used and found useful.